

La Castellana

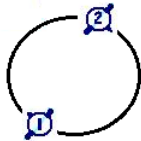
A cascarda from Caroso's *Il Ballarino* (1580)ⁱ

The couple start facing one another, not holding hands.

VERSE 1

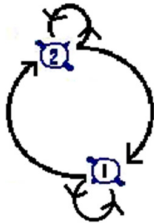
Part A of the Music 1st Time

Bars 1-4 Riverenza
Bars 5-8 2 Spezzati LR, travelling around a circle.



Part A of the Music 2nd Time

Bars 1-4 another 2 Spezzati LR, continuing around the circle¹
Bars 5-8 another 2 Spezzati LR, turning to your own left all the way round so as to face your partner again.



-0-0-0-0-0-0-0-0-0-0-0-0-0-

CHORUS

Part B of the Music 1st Time

Bars 1-2 Puntato L flankingly forwards to the left (that is, on a diagonal to the left so that your right side is turned a little towards your partner)
Bars 3-4 Puntato R flankingly backwards so that you return to place
Bars 5-8 4 Trabuchetti LRLR while facing your partner

Part B of the Music 2nd Time

Bars 1-2 Spezzato L flankingly forwards to the left
Bars 3-4 Riverenza R
Bars 5-6 Spezzato R done in the same way, opposite side
Bars 7-8 Riverenza L

Part C of the Music 1st Time

Bars 1-2 2 Represe LL
Bars 3-4 2 Trabuchetti LR
Bars 5-6 Spezzato L turning to your own left and getting about $\frac{3}{4}$ of the way around
Bars 7-8 Cadenza, completing the turn

Part C of the Music 2nd Time

Repeat from the 2 Represe, on opposite feet so that you return to your partner and end facing them.

¹ You don't have to get all the way back to your starting place. Caroso doesn't say you have to. Honest.

-0-0-0-0-0-0-0-0-0-0-0-0-0-

VERSE 2

Part A of the Music 1st Time

Bars 1-4 Take right hands and change places with 2 Spezzati LR
Bars 5-8 Let go hands and with 2 Spezzati LR, turn to your own left all the way round so as to face your partner again.

Part A of the Music 2nd Time

Bars 1-4 Take left hands and change places with 2 Spezzati LR
Bars 5-8 Let go hands and with 2 Spezzati LR, turn to your own right all the way round so as to face your partner again.

CHORUS

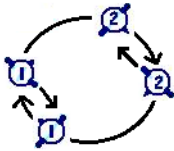
VERSE 3

Part A of the Music 1st Time

Bars 1-2 Travelling around the circle as in Verse 1, do 2 Passi LR
Bars 3-4 Continuing around the circle do a Cadenza
This first part of the verse should not take you past your partner.

Then, angling so as to go towards the place where you started this verse, do:

Bars 5-6 2 Represe RR
Bars 7-8 2 Trabuchetti RL



Part A of the Music 2nd Time

Repeat the above with opposite feet, to opposite side.

CHORUS

Then do a Riverenza after the music. The musicians may provide a chord.

¹ I have been taught this dance a couple of times and my reading of Caroso's original has turned up nothing new so I wouldn't claim this as my reconstruction, but this is my description for the purposes of class notes. Joanna Keenan